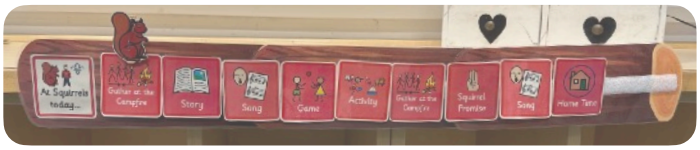
Squirrels

# Squirrels 'Drey Log'

A 'Drey Log' is a 'visual timetable' to support your Squirrels' understanding of what will happen, when it will happen, and in what order, during your Squirrels Session.

Four and five-year-olds are still developing their understanding of the concepts of time, and a simple visual resource like this can really help. Many children with additional support needs, including those with ASD or ADHD, can find uncertainty particularly challenging or upsetting. A visual timetable like this helps to reduce anxiety and uncertainty, helping them feel safer, more secure, and better able to regulate their emotions.

**Here is an example of how to set up a Drey Log:**



You could use adhesive Velcro strips or Blutak to link the logs together and to attach the red 'visuals cards'. You can also print more copies of the second page of this resource to give you additional logs to make a longer 'visual timetable' for longer Squirrel events.

**The key to using this resource** is making time in your regular routine at the start of each Squirrels meeting, to talk to the children about what they will be doing, the order of activities, and using the visuals to support understanding. If there must be a change to your plans - for example, if you run out of time and can no longer do a game that was planned - tell the children about the change, the reasons why, and then remove the relevant 'visual card' from the log. This process will help children with additional support needs build resilience to change. **#SkillsForLife**

The images on the red 'visuals cards,' on pages 3 and 4 of this resource, were created using Widgit Online - a website that makes simplified images to support people with additional support needs and communication difficulties, including Autism Spectrum Disorder (ASD).
You can sign up to use Widget Online at:
**www.widgitonline.com**

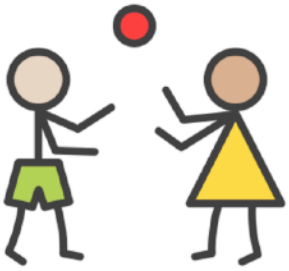
Scouts
Scotland

Gather at the Campfire

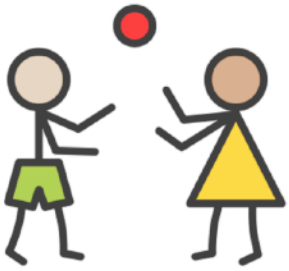
Gather at the Campfire

Song

Song



Game



Game

Activity

Activity

Outdoor Acivity

Outdoor Activity

Home Time

Special Visitor

Badges & Awards

Trip Out

Story

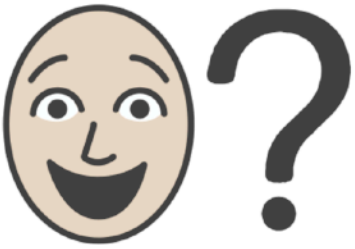
Craft

Investiture

Gather together

Gather together

At Squirrels today...



Surprise

Gather in a Circle

Gather in a Circle